



Screen Time Policy

Bumble & Bloom Childcare · New: April 2026

This policy sets out our approach to the use of screens by children in the setting, in line with the April 2026 EYFS update on healthy screen use.

Our approach

- We prioritise play, movement, conversation, stories and outdoor experiences over screen-based activities.
- Children under two do not have any recreational screen time in the setting.
- For children aged two and over, any screen use is short, purposeful, age-appropriate and shared with an adult.

Purposeful use

- Screens may occasionally be used to support learning — for example a short nature clip linked to a topic, a story on-screen, or a video call with a family member.
- Total screen use is kept to a maximum of 15–20 minutes per session and never used as a general activity or as a reward.
- Content is chosen in advance, ad-free where possible and always previewed by an adult.

Environment and adult use

- Televisions and tablets are switched off unless in active, planned use.
- Adults do not use personal screens or phones in the presence of children (see Wearable Technology Policy).
- Screens are not on during meals, sleep times or transitions.

Working with families

- We share information with families about healthy screen use and signpost to trusted guidance (Chief Medical Officer, NHS, Parent Zone).
- Parents may request that their child has no screen use at all; we will respect this fully.

Review

- This policy is reviewed at least annually and updated as guidance on children's screen use evolves.