



Food & Drink Policy

Bumble & Bloom Childcare | 66 High St, Egham TW20 9EY | July 2026

We provide healthy, balanced meals and snacks that support children's growth, development and enjoyment of food. All meals are vegan and nut-free.

Healthy eating

- Menus are planned in line with EYFS healthy eating guidance.
- Fresh fruit, vegetables, whole grains and plant-based proteins are offered daily.
- Added salt and sugar are kept to a minimum.

Special dietary requirements

- We gather full information about allergies, intolerances and dietary needs at registration.
- Menus are adapted to meet individual requirements.
- All meals are currently vegan and prepared in a nut-free environment.

Meal times

- Children eat in a calm, social setting.
- Staff sit with children and model positive eating habits.
- Children are encouraged but never forced to try foods.

Food safety

- All food is stored, prepared and served hygienically.
- We follow food hygiene and allergy-safe practices.
- Drinking water is available throughout the day.

Celebrations and treats

- Special occasions are celebrated with healthy options where possible.
- Parents are informed in advance of any special foods being offered.

Review

- This policy is reviewed annually and menus are rotated regularly.

This policy is reviewed at least annually. Parents are welcome to request a copy at any time.