



# Privacy and Dignity Policy (Toileting & Nappy Changing)

*Bumble & Bloom Childcare · Compliant with EYFS September 2025*

This policy sets out how we support children's privacy, dignity and safety during toileting, nappy changing and other intimate care, while safeguarding both children and staff.

## Our approach

- Every child has the right to be treated with respect, warmth and dignity during intimate care.
- Intimate care is always delivered in a calm, unhurried way, following the child's lead where possible.
- We use consistent, age-appropriate language for body parts and toileting to support children's self-awareness and safeguarding.

## Consent and communication

- At registration, parents share their child's usual toileting routine, preferred words and any specific cultural, medical or sensory needs.
- We talk to the child throughout, explaining what will happen next and giving them choices where possible (e.g. which nappy, standing or lying).
- For older children, we knock before entering the bathroom and give as much independence as is safe.

## Nappy changing

- Nappies are checked regularly (at least every two hours) and changed promptly when wet or soiled.
- Changing takes place in a designated, screened area that is warm, clean and away from food preparation.
- We wear disposable gloves and aprons and follow strict hand hygiene before and after each change.
- A single member of staff carries out the change; another adult remains present in the wider setting to safeguard both child and staff.

## Toilet training and older children

- We work in partnership with parents to introduce toilet training when the child shows readiness cues.
- Accidents are handled matter-of-factly, without any shame or negative reaction.
- Bathrooms have low toilets, step stools and privacy screens or doors as appropriate for age.

## Safeguarding during intimate care

- Mobile phones and personal cameras are never used in areas where intimate care takes place.
- Any concerns arising during intimate care (marks, bruises, disclosures) are recorded and acted on in line with our Safeguarding and Child Protection Policy.
- Only DBS-checked adults trained in safeguarding and intimate care carry out nappy changes or support toileting.

## Records and review

- Nappy changes are logged with time, condition and any notable observations, and shared with parents through the childcare app.
- This policy is reviewed at least annually and updated to reflect current best practice and EYFS requirements.